

It's me, the Tooth Fairy!

Did you know that you need to brush your teeth twice a day to keep the nasties at bay?

Grab your toothbrush, add a little bit of toothpaste and start brushing! You should brush for two minutes. Have a dance party in the bathroom and you'll be finished in no time!

Once you've brushed your teeth place a sticker on the chart so you can keep track of your amazing brushing!

Just remember, you need to brush once in the morning after breakfast and once at night just before bed.

When you get a little bit bigger your baby teeth will fall out to make room for your big kid teeth! Pop your tooth under your pillow and I will come and collect it and leave you a special present.



BRUSHING CHART



Monday					
Tuesday					
Wednesday	′				
Thursday					
Friday					
Saturday					
Sunday					